

EVS STD 1
ASSIGNMENT
CHAPTER 8 KEEPING ONESELF CLEAN,SAFE AND HEALTHY.

TO BE DONE IN THE EVS COPY

6. What is a good touch?

Ans: A good touch makes you feel warm, safe and comfortable.

7. What is a bad touch?

Ans : A bad touch does not feel good. It makes you uncomfortable or angry.

TO BE DONE IN THE EVS BOOK PAGE 45.

E. Answer the following:

1. When should we wash our hands?

We wash our hands before and after eating food.

2. We comb our hair with

A brush and a comb.

3. What do we use to brush our teeth?

We use a tooth brush and tooth paste to brush our teeth.

ACTIVITY PAGE 46.

Fill in the correct word to complete each sentence.

Wash your hands before each meal.

Cover your mouth when you sneeze.

Keep your nails clean.

Brush your teeth twice a day.

Eat healthy food.

Wear clean clothes.